

	BHS Summer Camp Menu Sample				
	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
	الأثنين	الثلاثاء	الأربعاء	الخميس	الجمعة
Week 1	GREEN BEANS & RICE	ORIENTAL CHICKEN	PASTA BOLOGNESE	KAFTA	MLOUKHIYE
	HAMBURGER	VEGETABLES NOODLES	POTATO STEW	BURGHUL BEDFIN	FISH ESCALOPE
Week 2	RED BEANS & RICE	DAOUD BASHA	VEGETABLES STEW	SUPREME CHICKEN	MOGHRABIYE
	CHICKEN ESCALOPE	POTATO & CHICKEN	CHICKEN NOUILLE	PIZZA	LASAGNA
Week 3	GREEN PEAS & RICE	BURGER	OCRA & RICE	KEBBE BL SAYNIYE	SIYADIYE
	PIZZA	CHICKEN CURRY	POTATO SOUFFLE	PASTA BOLOGNESE	CLUB SANDWICH
Week 4	SPINACH & RICE	CHICKEN BURGER	BEANS & RICE	MEXICAN CHICKEN	KAFTA & HOMMOS
	CRISPY CHICKEN	ARTICHOKE & RICE	PIZZA	MAAKARONE B HALIB	MDARDARA