



BHS Summer Camp Menu Sample					
	<i>Thursday</i>	<i>Friday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>
	أَلْخَمِيس	أَلْجُمُعَة	GREEN BEANS & RICE	ORIENTAL CHICKEN	PASTA BOLOGNESE
Week 1	KAFTA	MLOUKHIYE	HAMBURGER	VEGETABLES NOODLES	POTATO STEW
	BURGHUL BEDFIN	PIZZA	RED BEANS & RICE	DAOUD BASHA	VEGETABLES STEW
Week 2	SUPREME CHICKEN	MOGHRABIYE	CHICKEN ESCALOPE	POTATO & CHICKEN	CHICKEN NOUILLE
	PIZZA	LASAGNA	GREEN PEAS & RICE	BURGER	OCRA & RICE
Week 3	KEBBE BL SAYNIYE	Meat chawarma	PIZZA	CHICKEN CURRY	POTATO SOUFFLE
	PASTA BOLOGNESE	CLUB SANDWICH	SPINACH & RICE	CHICKEN BURGER	BEANS & RICE
Week 4	MEXICAN CHICKEN	KAFTA & HOMMOS	CRISPY CHICKEN	ARTICHOKE & RICE	PIZZA
	Pasta with bechamel sauce	MDARDARA	GREEN BEANS & RICE	ORIENTAL CHICKEN	PASTA BOLOGNESE